

EMPOWERING YOUTH TODAY

thrive

TEEN HEALTH & RELATIONSHIPS:
INVEST, VALUE & EDUCATE



Conference Agenda September 27, 2022

8:00 – 8:45 am

Breakfast & Registration

8:45 - 9:00 AM

Welcome

Maranda (WOOD TV)

9:00 - 10:30 AM

Opening Keynote: The Science and Power of Hope

Dr. Angela B. Pharris

Hope is the belief the future will be better than today, and you play a role in making that future possible. Hope is not a wish. Hope allows us to identify valued goals, set the pathways to achieve these goals, and exert the willpower to make these goals possible. This presentation will provide an overview of research which identifies strategies to nurture hope among those experiencing trauma, stress, and adversity. Hope is malleable across the life span showing that targeted program services can help move from despair to hope for both children and adults. Research with youth has demonstrated that hope buffers negative consequences and is a protective measure for coping, decision-making and adaptation.

10:30 - 10:45 AM

Break

10:45 AM - 12:00 PM

100 SESSIONS

Session 101: Professional Presentation Competencies

Tracey Pike

To ensure professional information is delivered

with maximum impact, public presenters must learn, develop and implement competencies related to Sexual Risk Avoidance curriculum implementation. Careful forethought and specific competencies must be developed to minimize miscommunications, misunderstandings and ensure successful delivery of key concepts.

Session 102: How to Effectively Talk to Teens about Healthy Relationships

Melody Fabien

Talking to teens can be challenging. Come learn how to connect & motivate your audience using demonstrations, engaging relevant stories, and medically accurate statistics regarding healthy relationships, healthy decision making, and sexual risk avoidance.

Session 103: Collision - Technology and Youth

Josh Lator

There is a collision occurring daily that most adults are either unaware of or are not taking time to evaluate. This is the collision of everchanging technology and our youth. It has never been more important for parents, grandparents, caregivers, teachers, coaches, and mentors to be aware of the impact this technology has on our young people. This presentation will provide a proper viewpoint when addressing technology, awareness to to some key issues with sexting, discuss the interface of technology with children often living in relational poverty, and provide some guidance for those caring for our young people.

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Session 104: Teens and the Risks of Pornography

Stephanie Pichan

Whether porn is being intentionally sought out or accidentally stumbled upon, statistics show most teens, male and female, will have seen porn by the time they are 18. Pornography use damages relationships and has a negative effect on society overall through its normalization of violent sex acts and promiscuity. In this session, learn why teens are especially vulnerable to the negative effects and what parents and other adults can do to guide their teens into a healthy future.

12:00 - 12:45 PM

Lunch

12:45 - 2:15 PM

Plenary Session: The Science and Power of Hope: Strategies to Nurture Hope

Dr. Angela B. Pharris

The workshop expands the Hope Awareness Training by providing participants with important skills to nurture Hope by way of deep understanding of goal setting, creating and selecting pathways and build strategies to manage willpower.

2:15 - 2:25 PM

Break

2:25 - 3:40 PM

200 SESSIONS

Session 201: How to Effectively Talk to Teens about Healthy Relationships

Melody Fabien

Talking to teens can be challenging. Come learn how to connect & motivate your audience using demonstrations, engaging relevant stories, and medically accurate statistics regarding health relationships, healthy decision making, and sexual risk avoidance.



Session 202: Empowering Our Youth Through Education While Fostering Healthy Relationships

Johnnie Green

This session will address strategies to increase programming for adolescents with a focus on healthy relationships while empowering students on issues SRA (sexual risk avoidance) and decision making. The session will also address best practices for STI/HIV screening and education in schools as well as a data set for STI rates of adolescents ages 15-24 along with Michigan school wide screening data rates for gonorrhea and chlamydia. This session is tailored for health professionals who serve adolescents; specifically school based health centers, community based organizations and social workers.

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Session 203: Evaluating a Positive Youth Development Program

Libby Leahy

This session will focus on the evaluation of Positive Youth Development programs. An important aspect of Positive Youth Development (PYD) is the measurement of the initiative's progress; therefore, it is important to evaluate your PYD program. However, identifying what to measure and how to measure it can be overwhelming. The development of an evaluation framework is a great place to start because it will help to clarify the objectives and goals of the program and help to guide the data collection and analysis process.

Session 204: The Use, Evaluation & Application of the Sexual Risk Avoidance (SRA) Approach

Kate Connors, Natasha Mueller

It's time to move beyond just anatomy. Sexual Risk Avoidance (SRA) programs can provide a holistic approach to sex education. Take an interactive look at what SRA is and what it is not. Participants will be equipped with tools to evaluate SRA messaging and engage in activities to practice their new skills.

3:40 - 3:45 AM

Break

3:45 - 4:30 PM

Closing Keynote: Triggering Hope

Tracey Pike

This closing session will provide an enthusiastic exclamation point to the valuable information shared regarding hope at this conference. Practical ways of triggering hope in ourselves and the students we serve will be presented as the work we do has never been more important.

4:30 - 4:35 PM

Wrap Up/Door Prizes

Maranda (WOOD TV)

