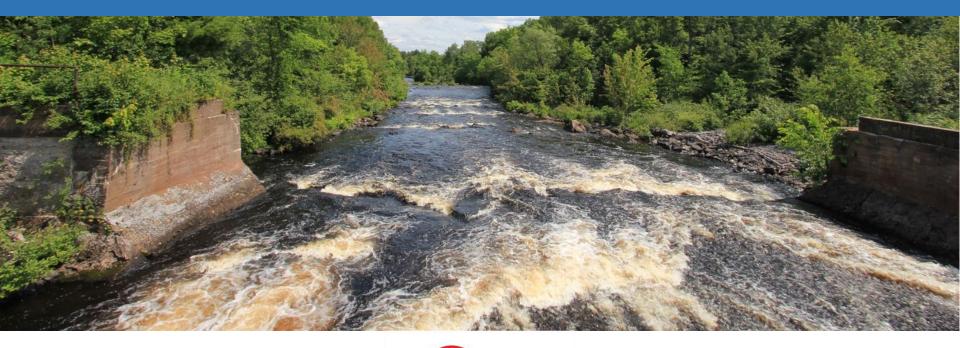
### Marquette Area Climate Health Adaptation:

A rural community designs a healthy & resilient future 2018 Premier Public Health Conference

October 9 to October 11, 2018 - Bay City, MI









**Extension** 

School of Planning, Design and Construction

# Collaborating Partners

### Michigan Climate and Health Adaptation Program (MICHAP)

Michigan Dept. Health & Human Services (MDHHS)

Lorri Cameron, Aaron Ferguson, Yonathan Kefelegn

### **Michigan State University**

**Wayne Beyea**, Pat Crawford, School of Planning, Design, and Construction

Brad Neumann, MSU Extension

Research Assistants: E Cangelosi, J Arnold, A Shaaban and W Li

### **Marquette County Health Department**

Jerry Messana, Health Officer

### Climate Adaptation Task Force (CATF)

A Marquette-based group of local leaders working to address climate change in the area



Photo: MSU SPDC

# **Learning Objectives**

- 1. Understand how climate health threats can be addressed though local policies and design
- 2. Describe at least 3 techniques for engaging community members in the planning process
- 3. Identify at least 4 partners for local health departments to engage



# **Project Background**

# Michigan Climate & Health Adaptation Program (MICHAP)



# Climate Ready States and Cities Initiative

Strategic
Adaptation
Planning and
Implementation
2009 - 2013



Building Resilience Against Climate Effects (BRACE) 2013 - 2016



Climate & Health
Adaptation and
Monitoring
Program
2016 - 2021

### **BRACE Framework**



### **Foundation for Intervention:**

- MI Climate and Health Profile Report
- Heat Morbidity and Mortality Disease Burden Projections
- Climate and Health Intervention Assessment
- Statewide Vulnerability Assessments for: heat illness, respiratory, and waterborne diseases
- Strategic Plan Update: 2016 2021

# Priority Climate-Related Health Impacts

- 1. Respiratory conditions
- 2. Heat Illness
- Storm –related Injury, CO poisoning
- 4. Water borne diseases
- 5. Vector borne diseases



# **Interrupting the Pathway from Climate Change to Health Impacts**

### ENVIRONMENTAL & INSTITUTIONAL CONTEXT

- Land-use change
- Ecosystem change
- Infrastructure condition
- Geography
- Agricultural production
   & livestock use

### **CLIMATE DRIVERS**

- Increased temperatures
- Precipitation extremes
- Extreme weather events
- Sea level rise

### **EXPOSURE PATHWAYS**

- Extreme heat
- Poor air quality
- Reduced food & water quality
- Changes in infectious agents
- Population displacement

### HEALTH OUTCOMES

- Heat-related illness
- Cardiopulmonary illness
- Food-, water-, & vector-borne disease
- Mental health consequences
   & stress

### SOCIAL & BEHAVIORAL CONTEXT

- Age & gender
- Race & ethnicity
- Poverty
- Housing & infrastructure
- Education
- Discrimination
- Access to care & community health infrastructure
- Preexisting health conditions

https://health2016.globalchange.gov/





# **Project Process**

# **MICHAP & MSUE Partnership- MSUE**

**MSUE Mission:** MSUE helps people improve their lives through an educational process that applies knowledge to critical issues, needs and opportunities.

- Ongoing presence in every Michigan county
- Bring education to community
- Community trust
- Local needs focused
- Wide range of specialties:
  - Agriculture, Business & Community, Family, Food & Health, Lawn & Garden, Natural Resources and 4-H & Youth
  - Greening Michigan Institute: Natural Resources, Community & Economic Development
  - MSU Model of Health Extension: MSUE and MSU
     College of Human Medicine partner on research and
     community primary care to enhance health care
     delivery and education



Source: MSUE Leadership Webpage http://www.canr.msu.edu/outreach/about/msue\_leadership

### **Process Overview**

- 1. Highly **collaborative**Health, MSU, Community
- 2. **Stakeholder-driven**, community engagement

Focus on community driven concerns and acknowledge community identity (Crawford et al, 2018)

### 3. Visual Design

Visual design renderings by MSU SPDC Landscape Architecture Design Team (Crawford et al, 2018)

### **Process focus:**

- Stakeholder-driven concerns
- 2. Connection through visual design
- 3. Research informed recommendations
- 4. Feedback and improvement (iterative learning loops) (Brown et al., 2016; Henly-Shepard et al., 2015; Gray et al., 2017; Crawford et al, 2018)





# **Applied Research Assumptions**

Effective public participation strategies around climate change adaptation require understanding:

- 1. Importance of community identity (Crawford et al, 2018)
- 2. Potential resistance climate deniers; property rights (Crawford et al, 2018)
- 3. Community starting point "Six Americas" (Crawford et al, 2018)
- **4. Iterative learning loops** (Brown et al., 2016; Henly-Shepard et al., 2015; Gray et al., 2017; Crawford et al, 2018)
- 5. Targeted stakeholder invitations may be more effective than an 'all call' approach (Few et al., 2007)



# **Project Timeline**

Summer 2017

### Stakeholder Input

- Identify key stakeholders and potential partner communities
- Plan and convene advisory groups for input and feedback sessions

Fall 2017

### Meeting One- Visioning Kick-Off

- Feedback from key stakeholders and prioritized concerns
- Identify metrics for climate change assessment
- Key themes for intervention design, vulnerability assessment tools

**Spring** 2018

### Meeting Two- Preliminary Recommendations

- Present preliminary design and planning recommendations
- Seek feedback on interventions and metrics
- Collect, tabulate and analyze information
- Seek expert feedback

Fall

### Meeting Three- Present Final Report

- Develop evidence-based evaluation techniques
- Present Volumes I and II to community stakeholders

2018

### Implementation

- Prioritize interventions
- Determine next steps for piloting at least one aspect of Guidebook

2019

# Targeted Stakeholder Meetings

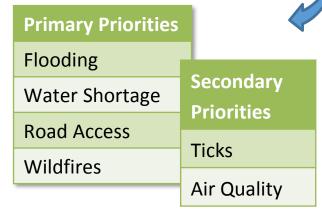
- Over 4 months, the team met with over 30 community stakeholder groups representing a range of vulnerable populations.
  - Accommodating on-site meetings
  - Targeted stakeholder invitations important (Few et al., 2017)
- 2. Marquette Area Climate Adaptation Task Force (CATF) reviewed and identified key issues.





### **Stakeholder Groups:**

- Climate Change Expertise
- 2. Local Government
- 3. Health Professionals
- 4. Agencies serving Vulnerable Populations

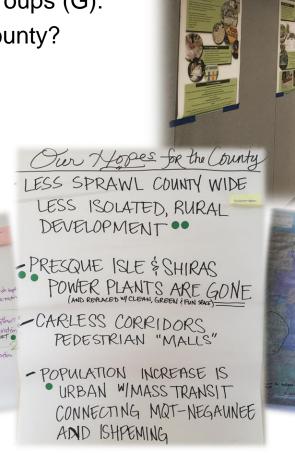


# **Meeting One- Community Visioning**

In November 2017, the team presented the stakeholder feedback to community members for additional input via easel pads, sticky notes, maps, and colored dots for ranking. We and asked individually (I) and in groups (G):

- 1. (I) Biggest climate and health threats to county?
- 2. (G) Vision of area future with issues fully addressed?
- 3. (G) Rank concerns and visions.





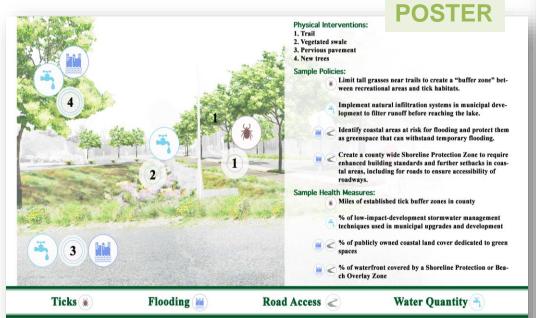
# Designs & Policies

### Community input guided:

- 1. Visual design interventions
- Relevant recommendations

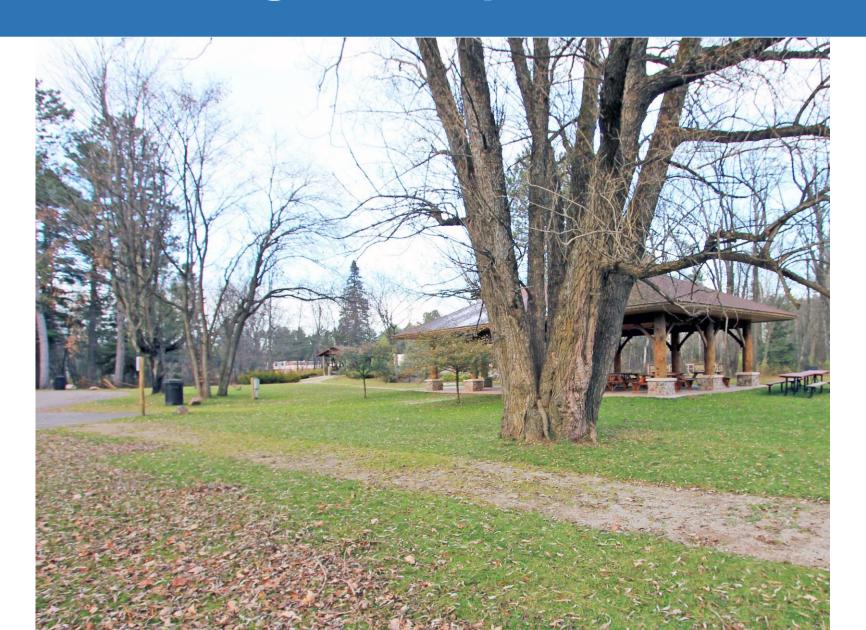
### Visual design helped:

- Draw the connection between climate impact, health, and built environment adaptations
- Build consensus





# Before Design Example



# After Design Example



# Visual Explanation



### **Physical Interventions:**

- 1. Educational signage
- 2. Short plants
- 3. Vegetated swales

### **Sample Policies:**

- Increase educational signage in public places on tick awareness and prevention.
- Follow Firewise techniques in public places to remove brush, limit tall and dry grasses, and thin and prune trees.
  - Increase low-impact-development in all public spaces. Ensure the use of native, low-water-dependent landscaping on public properties.

### Sample Health Measures:

- # of educational signs in public places
- # of Firewise sites in Marquette County
  - Change in the number of municipal properties with LID practices

Flooding 🕍

Water Quantity

Wildfires (6)



Ticks (\*



# Before Design Example



# After Design Example



# Visual Explanation



### **Physical Interventions:**

- 1. Mixed-use development
- 2. Vegetated Swale
- 3. Short mown grass

### Sample Policies:

- Incentivize mixed-use development in rural/remote communities which include businesses to meet the basic needs of the community residents (e.g. grocery stores, health centers, etc.)
- Encourage homeowners to adopt Firewise standards to ensure home ignition zone safety through education campaigns.
- Encourage "Tick-Safe Yards" (CDC) practices such as short mown grass and debris-free yards.

### Sample Health Measures:

- # of vital-needs businesses in rural communities and within short walk of most residents.
- # Number of site in Marquette County listed on the Firewise USA map
- Miles of established tick buffer zones in county









Road Access



Air Quality



# **Meeting Two- Design Input**

In March 2018, the team presented the designs and sample policies and metrics to the community and asked for feedback via sticky notes and feedback sheets.

### **Questions asked:**

- 1. What do you like?
- 2. What's missing?
- 3. Any improvement suggestions?



### Guidebook

Volume I **Example** 

The Climate Adaptation Task Force (CATF) provided expert review and further feedback.

With complete feedback the team produced the Marquette Area Climate and Health Adaptation Guidebook.

- **Volume I:** Visual Adaptation Designs
- **Volume II:** Policy Recommendations
- **Volume III:** Implementation **Monitoring Strategy**

Volume 2 **Example** 

MDHHS Draft deliberative - do not cite, quote, or distribute DRAFT Marquette Area Climate and Health Adaptation Guide - Volume I







Impermeable surfaces, such as parking lots, sidewalks, and traditional grey infrastructure can block rainwater from filtering into the ground, leading to flooding and drinking water contamination caused by excessive runoff.1 Permeable surfaces such as stones and permeable pavement allow more water to pass through to the ground below rather than washing into the sewer system. Soil and plants help filter out harmful contaminants before they reach the water basin. More plants and trees also help absorb harmful pollutants from the air, improving the air quality of an area.1 This is particularly important for vulnerable populations such as the elderly, small children, and people with asthma

A common misconception is that permeable

pavement types cannot withstand the freezethaw cycles of winter climates. While minimal regular maintenance is required, when installed correctly, this form of pavement holds up well to freeze-thaw cycles, allowing space for water to expand upon freezing (SEMCOG, 2008). Permeable pavement also reduces the amount of salt needed to melt ice on pavement by



Air Quality

United States Environmental Protection Agency, 2018a

up to 75% (Roseen et al, 2014).

and Winter Weather

Water Quantity

MDHHS Draft deliberative - do not cite, quote, or distribute DRAFT Marquette Area Climate and Health Adaptation Guide - Volume II

Flooding

### Policy Recommendations Air Quality (%) (6)



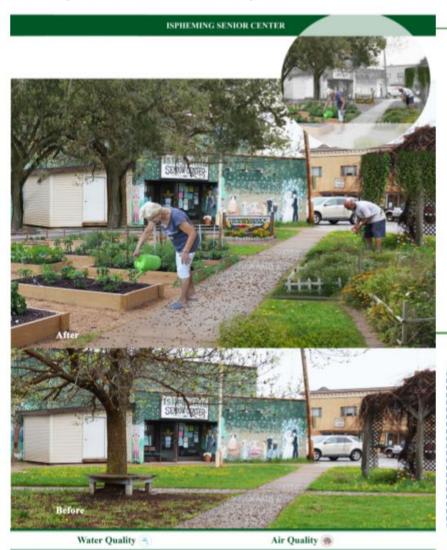


Climate Driver	Impact	Interventions	Recommendations	Metrics
Wildfire	Smoke	Education and Inclusion Public Outreach  Goal: Prevent wildfires at campsites	Public  1. Develop communication plan to address campfire safety through:  - signage;  - leaflets; and - incorporation of campfire education in online camp registration process.	Number of people registered for campsites that receive campfire safety education Number of fires caused by campfires
		Education and Inclusion Public Outreach  Goal: Promote education on smoke danger precautions	Public  1. Develop wildfire communication plan based on CDC wildfire smoke fact sheet and Firewise USA public education techniques. Use:  - PSAs; - local news interviews; - mobile device messaging; - flyers and leaflets; - social media advertising; and - community engagement sessions.  2. Develop localized air quality communication plan which includes smoke forecasting of EPA Air Resource Advisory (ARA) program.	Number of people reached by wildfire communication plan  Number of people reached by air quality communication plan
		Education and Inclusion Thinning/Pruning/Tree Removal/Brush Clearing on Private Property  Goal: Engage residents' participation in wildfire prevention	Private  1. Encourage large landowners to complete a forest management plan through the U.S. Forest Service's Northern Institute of Applied Climate Science.  2. Encourage residential adoption of Firewise standards through  11:  — public information campaigns and — grant programs.	Number of large landowners who have completed a forest management plan  Number of sites in Marquette County listed on the Firewise USA map

(3) See Community Wildfire Protection Plan

# Volume I Example

MDHHS Draft deliberative - do not cite, quote, or distribute DRAFT Marquette Area Climate and Health Adaptation Guide - Volume I







While native plants, trees, and vegetated landscaping can all help absorb storm water to improve water quality, community gardens can accomplish similar goals with the added bonuses of improving social well-being in communities and decreasing the community's reliance on outside sources for fresh produce. Additionally, gardening encourages healthy activity and eating habits. Plants also not only improve air quality by absorbing harmful particulates from the air, but local community gardens reduce residents' need to drive long distances for fresh produce, limiting car emissions released into the air.<sup>2</sup>

### Community Gardens and Social Cohesion

A concern voiced by the Marquette area community that did not fit neatly into a health category was that of social cohesion in relation to future population increases believed to be predicted. Community gardens, while useful for built environment adaptations, can also be used as a means for building community. Research indicates that community gardens bring together people of diverse backgrounds to share one common interest, and promote interactions that build social capital. (Firth et al. 2011)

Centers for Disease Control and Prevention (CDC), 2010

<sup>&</sup>lt;sup>2</sup> European Climate Adaptation Platform (Climate-ADAPT), 2015

# Volume I Example

MDHHS Draft deliberative - do not cite, quote, or distribute DRAFT Marquette Area Climate and Health Adaptation Guide - Volume I

### Bioretention in Lansing, Michigan

The City of Lansing installed

27 bioretention facilities inside concrete planter boxes while updating the city's controlled sewer overflow system as a means to control, clean, and dispense storm water in an urban environment. Additionally, the city improved sidewalks with clay pavers, rain garden plants, and ornamental fences as part of its Michigan Avenue corridor enhancement project. The planter boxes receive storm water runoff from nearby roads and sidewalks which helps provide flooding protection for Michigan Avenue as well as protects the Grand River from pollutants such as sediment, nutrients, and heavy metals carried in storm water runoff. The planter boxes also help to reduce water temperatures and promote infiltration. (SEMCOG, 2008)



Image Source: SEMCOG Low Impact Development (LID) Manual for Michigan



# Volume II Example

MDHHS Draft deliberative - do not cite, quote, or distribute DRAFT Marquette Area Climate and Health Adaptation Guide - Volume II

# Water Related



Stakeholder groups and community members voiced concerns about increased flooding events and resulting damage and runoff, drought conditions, concerns over water sources, and contaminated water. Increased dramatic rain events as well as increased drought conditions and lasting increased temperatures seen with climate change that can lead to intensified flooding, road closures, mold, contaminated water, and intensified wildfires, among other dangers. This can impact health by limiting road access, increasing chances for waterborne disease, causing respiratory illnesses, and leading to mental health consequences and stress.

To address these concerns and limit the increased risk of compromised water and water access and flooding consequences, policies focused on reducing runoff, enhancing green and gray infrastructure, encouraging conservation practices, and reducing risks of contamination.



# Volume II Example

MDHHS Draft deliberative - do not cite, quote, or distribute DRAFT Marquette Area Climate and Health Adaptation Guide - Volume II

### Policy Recommendations Emergency Response/Extreme Events







Climate Driver	Impact	Interventions	Recommendations	Metrics
Flooding	Access	Surveillance and Tracking Track Vulnerabilities  Goal: Understand where greatest risk to transport networks exist and address vulnerabilities	Public  I. Inventory critical infrastructure most vulnerable to damage by extreme weather. For flooding situations, enhance:  - height;  - drainage;  - culverts; and  - surrounding low-impact-development (LID) on road subject to repeated flooding. (12)	Number of road closures due to extreme events
		Landscape Actions Green Infrastructure/Low Impact Design  Goal: Reduce road use and development along coast	Public  I. Utilize Great Lakes Shoreviewer technology to identify coastal areas at risk for flooding and assess flooded areas for potential adaptive measures such as:  - use of pervious pavement in trail network upgrades and - alternative routes for key coastal arteries (partner with the Michigan Department of Transportation (MDOT), the County Road Commissioner, or the Army Corps of Engineers).	Percent of publicly owned land cover dedicated to greenspaces Square footage of pervious pavement added on trail networks
		Landscape Actions Green Infrastructure/Low Impact Design  Goal: Ensure road construction appropriately manages floodwater to allow for road access	Public  1. Identify routes at risk for flooding and assess flooded areas for potential adaptive measures such as:  - enhanced height, drainage, culverts, and surrounding LID on road subject to repeated flooding;  - use of pervious pavement in trail network upgrades and  - alternative routes for key arteries (partner with the Michigan Department of Transportation (MDOT), the County Road Commissioner, or the Army Corps of Engineers).  2. Develop enhanced Floodplain Overlay Zone with updated floodplain maps to require enhanced construction standards for roads to ensure accessibility of roadways. Include enhanced height, drainage, culverts, and surrounding LID.	Number of road closures due to extreme events

<sup>(12)</sup> At minimum, those identified in the 2015 Marquette County Hazard Mitigation Plan

### **Lessons Learned...**

- With visual design approach, beautification/curb appeal provided a gateway for understanding a complex topic
- Framing climate change through lens of health impacts while using planning and design interventions can bring together a wide variety of affected populations and disciplines
- Community identity and climate adaptation starting point must be acknowledged (Crawford et al, 2018)
- In a rural county, one-on-one involvement of vulnerable populations requires additional outreach and feedback loops
- Countywide multidisciplinary steering committee representing a variety of viewpoints and geographic areas is necessary for long-term implementation

# **Next Steps**

- 1. Deliver final Volumes I and II (Fall 2018)
- 2. Phase III: Implementation Monitoring Strategy (Winter 2019)
  - Identify priorities, organizations, and timelines for implementation
  - Deliver final Volume III of Guide
- 3. Demonstration plans and projects (Summer 2019)



# **Community Action and Engagement**

# **Local Health Department**



# **Community Readiness**

### Why Marquette County?

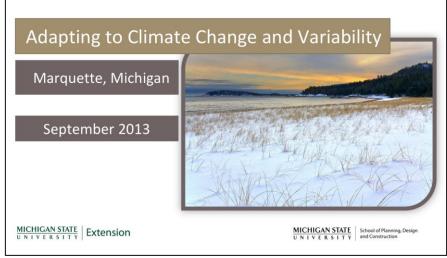
- 1. Rural Michigan County (pop: 66,502; den: 35.5/sq mi; area: 1,873 sq mi)
- 2016 MDHHS Michigan Climate and Health Vulnerability Assessment identified issues
- 3. Research backed assumptions:
  - 1. Limited potential resistance (Crawford et al, 2018)
  - 2. Advanced community starting point (Crawford et al, 2018)
- 4. Existing MSUE trust and support
- Supportive local Health Department

These facts also aided in community ownership, assistance, and potential adaptive capacity.



# Superior Watershed Partnership & Land Trust

Active community conservation and adaptation organization



**2013 MSU Extension** climate change adaptation project in Marquette.

Source: GLISA (2013) http://glisa.umich.edu/media/files/pr ojects/MSUEcommunities/Marquett e Final Draft Sept%202013.pdf

# Local Interest in Climate Change

### Climate Adaptation Task Force (CATF)

- Formed in 2013
- Mission:
  - Increase public awareness of climate change
  - Development of climate adaptation strategies
  - Encouragement of greater use of renewable energy.

# Local Interest in Climate Change

### (CATF) Formed by local leaders

- ✓ Former Mayor City of Marquette
- ✓ County Elected Officials
- ✓ County Administration
- ✓ County Planning Commission Members
- ✓ County Planning Commission Staff
- ✓ City Planning Commission Staff
- ✓ Public Health
- ✓ Superior Watershed Partnership
- ✓ U.P. Labor Federation AFL/CIOK
- ✓ Community Foundation of Marquette County
- ✓ Northern Michigan University Faculty and Administration
- ✓ Michigan State University Extension, Marquette County

### **CATF**

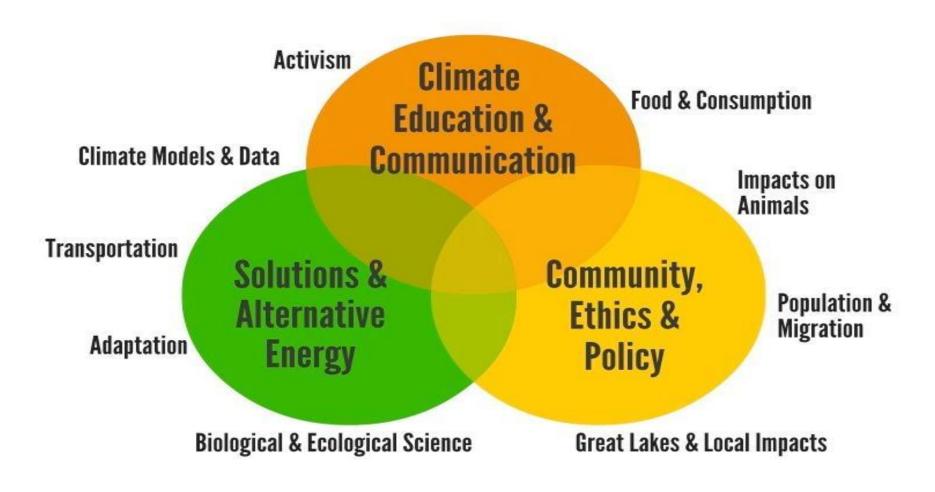
- Has limited capacity to implement changes to the built environment
- Does provide a network to help influence local policy

## Northern Climate Network (NMU)

- Campus-wide consortium providing opportunities for faculty, staff, students and community members to discuss and learn about climate change in our region.
- Mission To share current scholarship on climate change from a wide range of disciplines
- Objective Building an interactive database of people interested in working on and teaching about climate change at NMU.
- CLIMATE@NOON SEMINAR SERIES
- Routine local media coverage



## Northern Climate Network (NMU)



## **Local Michigan State Extension Office**

- On-going interaction with local municipal planning efforts
- Established network of local government officials



## Superior Watershed Partnership (SWP)

 Mission: to protect and improve the natural resources of the UP of Michigan on a watershed basis; by promoting responsible individual and community actions that ensure a sustainable environment, encourage a sustainable economy

and help improve quality of life.

## Prior Work (Research) on Climate Change



- Hazard Mitigation Plan July 2016
- Community Wildfire
   Protection Plan July 2014
- Natural Features and Resources – November 2015

## Prior Work (Research) on Climate Change



- City Master Plan August 2015
- Community Climate
   Adaptation Plan –
   September 2013
- Storm Water Asset
   Management Plan and
   Ordinance In Process

## Prior Work (Research) on Climate Change

#### **Research Identifies/Addresses:**

- Population Trends
- Climate Trends (Temp, Precipitation, etc.)
- Weather Hazards
- Historical Info Regarding Natural Disasters
- Geographic Information
- Built Environment
- Public Health Including Social Determinants
- Vulnerable and at Risk Populations
- Strategies and Resources

## MCHD - Convener

- Outreach
- Identifying key stakeholders
- Identifying local resources
- Organizing and facilitating local activities (meeting, site visits, etc.)
- Local Technical Environmental Expertise
- Peer review

# **Engaging Stakeholders**

Climate Change	Local Government
<ul> <li>Superior Watershed Partnership</li> <li>Climate Reality Project</li> <li>MSU Extension – Greening MI Institute</li> <li>Climate Adaptation Task Force</li> </ul>	<ul> <li>Marquette County, City, Township</li> <li>Chocolay Twp.</li> <li>Humboldt Twp.</li> <li>Sawyer</li> <li>Area Chambers of Commerce</li> <li>Negaunee-Ishpeming Water Authority</li> </ul>
Health	Vulnerable Populations
<ul> <li>Marquette County Health Dept.</li> <li>MSU College of Human Medicine -UPHS</li> <li>MSUE – Health &amp; Nutrition Inst.</li> <li>NMU – Community Health Education</li> <li>Area Physicians</li> <li>Emergency Response Officials</li> </ul>	<ul> <li>Alger-Marq. Community Action</li> <li>Aging Services</li> <li>Veterans Affairs</li> <li>Homeless &amp; Shelter Services</li> <li>Continuum of Care</li> <li>CUPPAD</li> </ul>

## **Recent Climate Publications**

### American Public Health Association

• It's time for local health departments to act on climate change

✓ Dr. Linda Rudolph – Director of the Center for Climate Change and Health at the Public Health Institute



## **Recent Climate Publications**

#### It's time for local health departments to act on climate change

- "Climate change also acts as a threat multiplier, exacerbating poverty, environmental degradation and political instability."
- "Low-income communities, communities of color, indigenous populations, the very young and elderly and those with chronic illnesses are disproportionately impacted by climate harms, exacerbating existing health inequities."
- "LHDs, work in partnership with communities to promote climate action that builds healthy, equitable and sustainable communities."

## References

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- 2. Crawford, P., Beyea, W., Bode, C., Doll, C. & Menon, R. (2018). Creating climate change adaptation plans for rural coastal communities using Deliberation and Analysis as public participation for social learning. *The Town Planning Review, 89*(3), 283-304.
- 3. Few, R., Brown, K., & Tompkins, E. (2007). Public Participation and climate change adaptation: avoiding the illusion of inclusion. *Climate Policy*, 7, 46-59
- 4. Gray, S., Jordan, R., Crall, A., Newman, G., Hmelo-Silver, C., Huang, J., Novak, W., Mellor, D., Frensley, T., Prysby, M., & Singer, A. (2017). Combining participatory modelling and citizen science to support volunteer conservation action. *Biological Conservation*, 2008, 76-86
- 5. Henly-Shepard, S. Gray, S., & Cox, L. (2015). The use of participatory modeling to promote social learning and facilitate community disaster planning. *Environmental Science and Policy, 45*, 109-122

#### Websites

**CATF:** <a href="https://superiorwatersheds.org/catf">https://superiorwatersheds.org/catf</a>

Rudolf Article: <a href="http://www.publichealthnewswire.org/?p=20734">http://www.publichealthnewswire.org/?p=20734</a>

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