

PROTECT YOURSELF FROM Hepatitis A

HOW IS IT SPREAD?



Not washing
hands



Sex with infected
partners



Eating/drinking
foods contaminated
by Hepatitis A



Illegal drug
use

It can also be spread through close contact with someone infected with Hepatitis A.

WHAT ARE THE SYMPTOMS?



Yellowing of eyes
and skin (jaundice)



Fever



Nausea or
throwing up

Other symptoms include: dark pee, pale poop, stomach pain, feeling tired or loss of appetite.
If you have symptoms, see your doctor.

HOW DO I PREVENT THE SPREAD OF HEPATITIS A?



Wash your hands with
soap and warm water
after using the bathroom
or changing diapers
and before eating
and preparing food.



**GET VACCINATED
IF YOU ARE AT HIGH
RISK FOR GETTING
HEPATITIS A!**

WHO IS AT HIGH RISK?

- Men who have sex with men (MSM)
- People who use illegal drugs
- People currently homeless or in transient living
- People recently in jail or prison
- People with underlying liver disease