



FOR IMMEDIATE RELEASE

KILL DATE: (April 9, 2018)

Livingston County Celebrates National Public Health Week 2018

HOWELL, Michigan. - (March 29, 2018) National Public Health Week 2018: Changing Our Future Together takes place April 2-8 this year and the Livingston County Health Department (LCHD) is celebrating. Everyone deserves the opportunity to live a long, healthy life free from preventable disease and injury. Public health workers from health departments across the country, work every day to ensure their communities have access to the basic foundations necessary for good health – clean water, safe food, breathable air, and access to life-saving vaccines, to name a few. But to truly become the healthiest nation by 2030, we must also take momentous steps toward achieving health equity by taking on the social determinants that often put good health and longevity out of reach for so many in America, including residents of Livingston County.

LCHD wants to change that dynamic – and it will take all hands on deck to do it. This National Public Health Week, we hope you'll join us in engaging in a conversation about the role each of us can play to put good health within everyone's reach. Where we live, learn, work, worship, and play impacts our health and our opportunity to ward off disease and injury. With that in mind, let's partner across public and private spheres to create healthier people, families, communities, and, eventually, the healthiest nation. We can do it – if we work together.

Each day of National Public Health Week 2018 will focus on a different public health topic that's critical to creating the healthiest nation:

- Monday, April 2 – Behavioral Health: Advocate for and promote well-being.
- Tuesday, April 3 – Communicable Diseases: Learn about ways to prevent disease transmission.

-more-

- Wednesday, April 4 – Environmental Health: Help to protect and maintain a healthy planet.
- Thursday, April 5 – Injury and Violence Prevention: Learn about the effects of injury and violence on health.
- Friday, April 6 – Ensuring the Right to Health: Advocate for everyone’s right to a healthy life.

We hope you’ll use each topic to spark new conversations and engage stakeholders in your community. Check out the [LCHD Facebook page](#) April 2-6, 2018 for ideas on how employers, faith organizations, community planners, education, and law enforcement can advance public health and prevention, and help us spread the word by sharing each of the posts. Every day of National Public Health week is a day to celebrate, recognize, and honor the contributions of America’s public health workers, and LCHD will be celebrating our dedicated, passionate team members throughout the week.

For more information about LCHD, including what we’re doing to “change our future together,” please visit www.lchd.org. For details on National Public Health Week 2018, please visit www.nphw.org.

CONTACT:

Chelsea Lantto, Health Promotion Coordinator
Livingston County Health Department
(517) 546-9850
cmoxlow@livgov.com
www.lchd.org
<https://www.facebook.com/LCDPH>

#