

Michigan is in a **HEPATITIS A OUTBREAK**

Hepatitis A is a highly **contagious liver disease** caused from a virus **found in feces** (poop) of infected people and easily **spreads from person to person**

HOW IT SPREADS?



Not washing hands after using the toilet then touching surfaces or food



Having sex with infected partner(s)



Using or sharing utensils, food, drinks, toothbrushes, drugs or cigarettes contaminated with Hep A

WHO'S AT RISK?



Men who have sex with men (MSM)



People who use illegal drugs



People currently homeless or transient



People recently in jail or prison



People with underlying liver disease

WHAT ARE SYMPTOMS?



Nausea and vomiting

Stomach pains



Loss of appetite

Jaundice (yellowing skin or eyes)



Fatigue (tired)



Fever

Dark urine, pale stool, diarrhea

HOW TO PREVENT IT?



Thoroughly wash hands with soap and water after using the toilet, after changing a diaper, and before handling food or eating



Get vaccinated - the Hepatitis A vaccine is very safe and highly effective

Hepatitis A Vaccination Clinic