

Michigan is in a HEPATITIS A OUTBREAK

Hepatitis A is a highly **contagious liver disease** caused from a virus **found in feces** (poop) of infected people and easily **spreads from person to person**

HOW IT SPREADS?



Not washing hands after using the toilet then touching surfaces or food



Having sex with infected partner(s)



Using or sharing utensils, food, drinks, toothbrushes, drugs or cigarettes contaminated with Hep A

WHO'S AT RISK?



Men who have sex with men (MSM)



People who use illegal drugs



People currently homeless or transient



People recently in jail or prison



People with underlying liver disease

WHAT ARE SYMPTOMS?



Nausea and vomiting



Stomach pains



Loss of appetite

Jaundice (yellowing skin or eyes)



Fatigue (tired)

Fever

Dark urine, pale stool, diarrhea

HOW TO PREVENT IT?



Thoroughly wash hands with soap and water after using the toilet, after changing a diaper, and before handling food or eating



Get vaccinated - the Hepatitis A vaccine is very safe and highly effective

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WHO SHOULD GET VACCINATED?

Vaccination is recommended for certain groups, including:

- All children at age 1 year
- Travelers to countries where Hepatitis A is common
- Family and caregivers of adoptees from countries where Hepatitis A is common
- Men who have sexual encounters with other men
- Users of recreational drugs, whether injected or not
- People with chronic or long-term liver disease, including Hepatitis B or Hepatitis C
- People with clotting-factor disorders

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**Help Prevent
the Spread of
HEPATITIS A**

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**Call (616) 396-5266
for Hepatitis A
vaccination questions.**

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