

WASH YOUR HANDS! GET VACCINATED!

Hepatitis A is a highly contagious liver disease caused by a virus found in the poop of infected people. It easily spreads from person-to-person.

How Hepatitis A spreads:

- Not washing hands after using the toilet then touching surfaces or food.
- Having sex with infected partner(s).
- Using or sharing drugs, cigarettes, food, drinks, utensils or toothbrushes contaminated with hepatitis A.

miOttawa Department of Public Health

Call your doctor or the health department for vaccination. (616) 396-5266 • miOttawa.org/Immunize