

**INSERT LOCAL HEALTH DEPARTMENT INFORMATION HERE**

[Michigan Department of Health and Human Services](http://www.michigan.gov/mdhhs/0%2C5885%2C7-339-71550_2955_2982_46012---%2C00.html)

[Planned Parenthood](http://www.plannedparenthood.org)

[U.S. Centers for Disease Control & Prevention](http://www.cdc.gov/std/)

[American Sexual Health Association](http://www.ashasexualhealth.org/stdsstis/)

[Kalamazoo County STD Toolkit](http://www.kalcounty.com/hcs/StdToolKit/index.php)

 **Reduce Your Risks Month**

**Information Resources:**

**Sexually Transmitted Diseases (STDs)**

* STDs can be classified as either: Bacterial (*curable*), Viral (*treatable*, not curable), or Parasitic/Fungal infection (such as trichomoniasis).
* Diagnosis and treatment targets not only the person diagnosed with HIV or a STD, but also people who may have been exposed to an infection.
* There is an estimated 20 million new cases of STDs each year in the United States.
* Of those 20 million new cases, nearly half occur in teens and adults ages 15-24.
* Chlamydia, gonorrhea, and syphilis can have no symptoms, resulting in serious problems such as pelvic inflammatory disease (PID), sterility, and in some cases, premature death.

# Facts:

**Available Services:**

There are many things you can do to reduce your risk of contracting a sexually transmitted disease or infection (STD/STI):

* Abstinence.
* Monogamy (having one sex partner at a time).
* Use a male condom, female condom, or dental dam for every type of sex (oral, anal, and/or vaginal) and during every sexual encounter.
* Get yourself tested, and have your partner tested.

[Local Health Department Search Tool](http://www.michigan.gov/mdhhs/0%2C5885%2C7-339--96747--%2C00.html)

[Expedited Partner Therapy – Information for Patients](http://www.michigan.gov/documents/mdch/EPT_Information_Sheet_for_Patients_and_Partners_494242_7.pdf)

[Planned Parenthood of Michigan](https://www.plannedparenthood.org/planned-parenthood-michigan/patient)